



AP Dressage Rancho El Camino Equestrian  
13998 Old El Camino Real San Diego, CA 92130

### Release and Hold Harmless Agreement

The participant acknowledges the inherent risks that are involved in riding and working with and around horses. These risks may include, but are not limited to, damage to personal property, illness, bodily injury, trauma or death resulting from a fall or while riding or being in close proximity to horses. The participant further understands that both horse and rider can be injured in the normal course of events while hacking, schooling, or competing, and therefore agrees to indemnify and hold harmless Angela Paltram Dressage (AP Dressage), its employees, and \_\_\_\_\_, and further release them from any liability or responsibility for any accidents, injury, damage, or death to the participant or any property or horse the participant owns, or to any family member or spectator accompanying the participant while on the premises of Rancho El Camino Equestrian and/or under the instruction or care of Angela Paltram and \_\_\_\_\_ on the premises of \_\_\_\_\_.

AP Dressage suggests the use of safety approved equestrian riding helmets.  
I participant have been made aware of the risks and  
I choose to wear \_\_\_\_\_ choose not to wear \_\_\_\_\_ a helmet.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name(print)

\_\_\_\_\_  
Address

\_\_\_\_\_  
Signature of Parent or Guardian (if Participant is under the Age of 18)